

ALCOHOLISM RISK FACTORS

Sex	Lifetime: 17% of men and 8% of women meet criteria for alcoholism (CDC)
Family History	Increased risk with 1 st degree relative with alcoholism
Age	Earlier commence use → greater the risk of alcoholism Onset drinking ≤ 14y/o → 50% alcoholic by age 21 Onset drinking ≥ 21y/o → 9% develop alcoholism
Adverse Childhood Experiences (ACE) - Within first 18 years of life	Graded relationship between # of positives and adult risk for alcoholism/SUD (CDC) ≥ 4 ACE Categories → 4 to 12 X increased risk for alcoholism, drug abuse (CDC)
<ol style="list-style-type: none"> 1. Emotional abuse 2. Physical abuse 3. Sexual abuse 4. Emotional neglect 5. Physical neglect 6. Mother treated violently 7. Household substance abuse 8. Household mental illness/suicide attempt 9. Parental separation or divorce 10. Incarcerated household member 	
Psychiatric Disorders	Odds Ratio
-Anxiety disorders (PTSD, PD, Social Phobia)	1.6 to 3.6 (NCS, ECA, NESARC)
-Bipolar disorder	4.6 to 12 (NCS, ECA, NESARC)
-Impulse control disorders (ADHD)	2.8 (NCS)

CDC- Center For Disease Control

NCS- National Comorbidity Study

ECA- Epidemiological Catchment Area Study

NESARC- National Epidemiological Survey of Alcoholism and Related Conditions